A META-ANALYSIS OF ISLAMIC MICROFINANCE: CASE BASED EVIDENCE FROM INDIA

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ABSTRACT

This study examines Islamic microfinance as an important contributor to both the economic and human development of India. We are aware that conventional microfinance products have flourished in India; however, these products do not fulfil the needs of all Muslim clients. Taking small glimpses of Islamic microfinance (IMF), we can say it is working successfully in Muslim countries. From the meta-analysis we classify the literature into seven categories, viz. social benefits, religious values, business enterprises, poverty alleviation, sustainable development, rural development and economic development. The contribution of research papers has risen across the literature review and there has been a sharp rise in new facts pertaining to Islamic microfinance in India. As a diagnostic check, all seven factors of the meta-analysis of IMF contain evidence for the case study of India. Bait-un-Nasr is an urban co-operative credit society, located in Mumbai, India that has practised all of the factors extracted by the meta-analysis. This paper provides a roster of emerging projects accompanied by a comprehensive review of literature that will be useful to both academicians and practitioners for studying existing research and contemporary future research.

Keywords: Islamic microfinance, Economic development, Human development, Content analysis.

JEL Classification: G15; G21; O43; Z11.

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I. INTRODUCTION
1.1. Background
The term micro-financing encompasses the provision of financial services such as micro credit, micro savings and micro insurance to poor people. The market mechanism can be productively used to improve the economic conditions of poor people. The concept of microfinance as a financial service that helps those who have no money, low-income individuals or groups is in fact very old. Small microcredit existed as far back as the early 1700s but nowadays is more well known in developing as opposed to developed countries. Surprisingly, the rate of default for loans is very low, with as many as 90 to 95 per cent of loans repaid (Kono & Takahashi, 2010). The important aspect is that the interest rate is lower in comparison to that of a bank. The World Bank estimates that more than 650 million people have benefitted from microfinance either directly or indirectly (Obaidullah, 2008). To illustrate, India, as a developing country, has 63,000 commercial bank branches, 14,000 regional rural bank branches, and 100,000 co-operative bank branches, yet banking and finance continue to remain out of reach for millions. The issue is that more than 75 million households are dependent on money lenders and more than 90 per cent of the country’s rural population has no access to institutional credit. Microfinance therefore has the potential to change the lives of millions of people.

The Consultative Group to Assist the Poor (CGAP) conducted a survey in 2011 aimed at better understanding the current supply of Islamic microfinance. Essentially, the highest rates of growth were found for products such Murabaha and Qard Hassan (Cost plus and benevolent loan).

Islamic microfinance is a new trend in microfinance and complies with Shariah laws and principles. Shariah sets out permissible and non-permissible sectors and information on commercial adherence. It involves halal projects which must be for the social empowerment and economic development of the country. However, the Indian government has not provided the same such instruction for Islamic finance, banking, insurance and microfinance. The reason for this is that most firms that work in Islamic microfinance in India are unregistered. India is a country in which the middle and lower classes make up the majority of the population. Islamic microfinance institutions work in the area of small savings for low wage earners. This assists them in developing the saving habits of a wage earner. It is also a small-scale type of investment. Islamic microfinance, in dealing with interest-free loans and loans against securities, saves people from the burden of interest.

Islamic microfinance is centred on a group-based credit approach, “One for All and All for One”. Borrowers and creditors thus undertake their transactions based on this mutual concept. Grameen Bank, one of the best-known microfinance institutions, was founded in 1976 based on an idea by Muhammad Yunus (Ajwani-Ramchandani, 2017).

The world of Islamic microfinance is flourishing. A number of Islamic microfinance institutions exist to provide society with interest-free finance. Consequently, there are 164 institutions operating in East Asia and the Pacific, 72 in the Middle East and North Africa, 12 in South Africa, 4 in Sub Saharan Africa and 3 institutions in Europe and Central Asia (CGAP, 2008).
Meanwhile, BMT (Baitul Maal wat Tamwil) is working on alleviating poverty in Indonesia. It is also attempting to provide easy access to microfinance funds. In working for the welfare of society, BMT seeks to uphold Shariah law in providing loans to society (Riwajanti, 2014). Zakat and waqt are integrated within the management of the Baitul Maal wat Tamwil (BMT) Islamic financial cooperatives. BMT thus manages Islamic finance for the society while Baitul Tamwil works as a co-operative Islamic microfinance institution. There are currently more than 5,000 BMTs across Indonesia that help society either directly or indirectly (Salaam Gateway, 2019).

The current study focuses on extracting the factors of Islamic microfinance (IMF) in India by means of a meta-analysis of the given literature. This study is important for two reasons, namely so that investors can be aware of the impact of Islamic microfinance on the society of India and to enable governments to take precautionary action to open IMF in nonbank financial companies (NBFCs) while also opening the window to Islamic finance in conventional banks to help prevent any possible financial downturn in the country, based on the mission of Islamic microfinance to help alleviate the poverty of the nation.

For this purpose, the researcher has performed a diagnostic analysis of a case study, namely that of Bait-un-Nasr from Mumbai (1976), India. Bait-un-Nasr provides interest-free loans to clients as well as undertaking other activities associated with Islamic finance. It practises all seven of the factors included in this study—economic development, social benefits, poverty alleviation, religious practices, business enterprises, sustainable development, and rural development.

Objectives
The objectives of this paper have been divided into two parts. First, to extract the factors of IMF by meta-analysis. Second, to practices of all factors of meta-analysis, evidence based case study on the Bait-un-Nasr Mumbai 1976 India.

II. LITERATURE REVIEW
2.1. Background Theory
For the content analysis by literature review, this session consists of theory that supports the research on microfinance and Islamic microfinance.

2.1.1. Microfinance
One of the major objectives of Islam is to support the needy, and Islamic microfinance works to fulfil this objective. In the current scenario, Islamic microfinance is flourishing in Indonesia, Bangladesh and Sudan. According to the CGAP investigation, Islamic microfinance has a client base of more than 300,000 through 126 operating institutions in 14 countries, and around 80,000 customers are connected with Indonesian co-operative societies. Surprisingly, however, Islamic microfinance holds only a tiny share in Muslim countries. It is expected to be developed further with the due support of government. Indeed, in 2007, the Pakistan government supported Islamic microfinance.

Ledgerwood (1999) stated that microfinance is a tool for the sustainable development of the society. It functions in the following three ways. First,
microfinance contributes to the broader macroeconomic perspective, essentially in the non-technical aspect. Second, it works primarily in the sphere of financial intermediation, taking a more technological approach and shifting progress towards the micro issues. Third, it is focused on the financial viability of microfinance institutions. Meanwhile, Zeller and Meyer (2002) proposed the theory of microfinance, which operates within the triangle of outreach (reaching to the depth of poverty and poor people as a whole), financial sustainability (meeting the operating and financial costs of the long-term period), and impact (involving no discrimination towards people in the society based on religion, race, cast, culture and values). This is a most successful explanation of MFIs. Armendariz and Morduch (2005) provided a new picture of microfinance with their finding of a gap in the microfinance literature between academics and practitioners. This theory identified the poor people who were saving money and how the institution worked to overcome market failures. It also extended the role of women in microfinance, informal markets and management initiatives for the successful functioning of microfinance in society. These practices are in place around Asia, Africa and Latin America, and all three issues work upon the economy of microfinance.

2.1.2. Islamic Microfinance
Obaidullah (2008) states that Islamic microfinance functions according to two approaches, livelihood and growth enterprises, to alleviate poverty in the member countries of the Islamic development bank. It makes the strategies of microenterprises Shariah-compliant and highlights the thematic issues affecting countries like Bangladesh, Indonesia and Turkey. In Bangladesh there is a greater focus on poverty alleviation through an emphasis on rural development. Indonesia is continually attempting to overcome poverty through the development of microenterprises in its society. The Turkish government, meanwhile, has opted to focus on the financial and non-financial inputs of KOSGEB (small and medium enterprises for the alleviation of poverty in the country). Khan (2008) states that Islamic microfinance is the best theory for addressing the practice of the social development of the nation. Smolo and Ismail (2010) focused on the new microfinance paradigm, i.e. Islamic microfinance, which works on both the eradication of poverty from and the development of society. Theory suggests that conventional microfinance helps needy people, while those in support of the pure religion aspect developed Islamic microfinance for hands-on hand help for the poor and needy people for the society with taking any consideration of the religion, cast, race and culture . And also making the conceptual framework with making the difference between conventional microfinance and Islamic microfinance . Meanwhile, Iqbal and Mirakhor (2012) employed financial inclusion in their study of Islamic finance, which has played a great role in the development of society and the economy.

Ascarya (2014), in presenting empirical views on the topic of sustainable microfinance and Islamic finance, found that the best conventional Grameen model is Koperasi Mitra Dhuafa; the best Islamic Grameen model in Indonesia is KUBE Sejahtera No. 21. Banks are also working on the sustainable
aspects of microenterprises in Indonesia, i.e. the best conventional rural bank model is BKK Purwodadi and the best Islamic rural bank model is Amanah Ummah. Micro-banking creates wealth for society, with BRI Unit as the best conventional micro-banking unit model; and the best Islamic micro-banking unit model is BSM Warung Mikro. This illustrates how conventional and Islamic microenterprises are working effectively and sustainably in Indonesia. (Ascarya, 2016) proposed a theory based on the holistic approach of Islamic microfinance through financial inclusion and social inclusion. Baitul Maal is the part of this social inclusion that encompasses outreach and sustainability. Baitut Tamwil is the part of financial inclusion that includes the economic and social impacts of society. The case study focused on the integration of Islamic social finance and conventional finance in BMT. It also sought to identify the impact of managing Islamic social funds before and after. Islamic social funds work not only on the microlevel but also on the community level through the Islamic banks (Ascaya, 2018).

2.2. Previous Studies
Many previous studies have worked on microfinance mapping. Asaduzzaman (1997) gave credit to microfinance that has worked to alleviate poverty in Bangladesh. Seibel and Parhusip (1998) demonstrated the outreach and sustainability development that took place when Rural Bank Shinta Daya promoted microfinance in Indonesia. Brau and Woller (2004) provided a clearer picture of microfinance, addressing the issues of MFI sustainability, products and services, management practices, clientele targeting, regulation and policy, and impact assessment. Based on Riwayanti (2014), there are two different Islamic financial institutions, BMT and Islamic Rural Bank, which share a common understanding of the development of the social and economic aspects of society in Indonesia. The empowerment of Islamic microfinance has impacted on rural development, social benefits, religious values and poverty alleviation. A number of studies have considered microfinance and Islamic microfinance in Bangladesh, Pakistan, Indonesia, Turkey and many more. This reference research seeks to explore the future of Islamic microfinance in India with reference to the literature review.

III. METHODOLOGY
3.1. Data
This research paper presents a review of various studies conducted on Islamic microfinance and published in different academic research journals and World Bank reports. An extensive study of 391 research articles was conducted for the purpose of classifying the research papers. Convenience sampling was used to select the research paper for inclusion in the present study.

3.2. Model Development
This study of Islamic microfinance developed in three phases. In the first phase, where Islamic microfinance is covered in a wide range of literature reviews, the researchers collected Islamic microfinance data from various journals in an online
database. The researcher then grouped all of the content into twenty-three main factors. After analysing the first phase, for the second phase the researcher further modified the factors to classify them into ten main areas of content. During the third phase, the remaining ten factors were re-structured into seven factors, i.e. in a meta-analysis. A total of seven factors were therefore finalised for this study. These seven factors were determined on the basis of the strong contribution of scholarly figures and Islamic microfinance practitioners. The factors are as follows: economic development, social benefits, poverty alleviation, religious practices, business enterprises, sustainable development and rural development. All seven factors were analysed using the rank and percentage method.

3.3. Method
The researchers read the full paper after the factor that the particular paper was following had been decided. Islamic microfinance deploys the study on the basis of meta-analysis. The factors were selected on the basis of previously conducted studies by different scholars through a meta-analysis. After going through the various research articles, the researcher initially identified twenty-three factors for Islamic microfinance. These were then reduced to a final seven factors that are closely associated with Islamic microfinance. (Brau & Woller 2004) examined literature reviews for the promotion of Islamic microfinance as part of a comprehensive study and extracted factors on Islamic microfinance. Also, (Mukhlisin & Komalasari, 2018) stated that Islamic microfinance plays an important role in times of crisis and helps in overcoming crises through the sustainable development of society.

IV. RESULTS AND ANALYSIS
4.1. Results of the Meta-Analysis
This section presents the results of the literature review exercise. Table 1 contains a comprehensive bibliography of the research papers as they correspond to the seven previously identified categories. These are seven factors established as the conclusion of the Meta-analysis and are labelled as ED, SB, RV, BE, PA, SD and RD. This is a helpful resource for both academics and practitioners searching for Islamic microfinance in a specific area.
Table 1.
Literature Review of Islamic Microfinance

<table>
<thead>
<tr>
<th>Islamic Microfinance Factors</th>
<th>References</th>
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The review of the literature clearly and firmly identified the fact that the meta-analysis depicts economic development as the major factor among the total of seven factors. There is a coliteral relationship between Islamic microfinance and all the factors, with the meta-analysis identifying that all seven factors are interrelated. An equation for Islamic microfinance (IMF) would thus be written as follows.

$$\text{IMF} = \text{ED} + \text{SB} + \text{RV} + \text{BE} + \text{PA} + \text{SD} + \text{RD}$$

While all seven factors are present throughout the Islamic microfinance world, this study asserts that all of the factors are linked to each other.

### Table 1. Literature Review of Islamic Microfinance (Continued)

<table>
<thead>
<tr>
<th>Islamic Microfinance Factors</th>
<th>References</th>
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</table>
4.2. Robustness of the Meta-Analysis & a Framework of Islamic Microfinance

Economic Development

Islamic Microfinance

SB RV BE PA SD RD

Figure 1. Model of Economic Development through Islamic Microfinance

Note: SB = Social Benefits; RV = Religious Values; BE = Business Enterprises; PA = Poverty Alleviation; SD = Sustainable Development; and RD = Rural Development.

a. Economic Development

Economic development is one of the major factors contained in this study. All of the remaining six factors are co-related clockwise and anti-clockwise or horizontally and vertically. The focus of economic development includes not only Islamic microfinance but also Islamic capital markets, Islamic insurance and Islamic bonds for their respective roles in promoting economic development (Ahmad, 1992; Michsel & Demombynes, 2013). Islam permits people to engage in halal business (permissible business) that is fruitful for society and also yields economic benefits (Ahmed, 2002; Siddiqi, 1996). Shariah law provides the religious aspect under the consideration of wealth creation of the country (Anderson, 1988; Farooque, 2004; Metwally, 1997). Muhammad Yunus, who was awarded the Nobel Prize in 2006, has often stated, “Small loans, big dreams”. In his view, small enterprises contribute more to economic development. Small businesses work with the assistance of the equity and debt market, which shows financial growth as well as economic development (Berger & Udell, 1998). Islam also permits Musharaka (Equal Partnership), which can be directly linked to sustainability, social empowerment and economic development for the nation (Boualem & Khan, 1995; Hadavian, 1999). As the great scholar and economist Umar Chapra said, Shariah scholars designed the rule of Shariah law that is ready to accept the challenges of every stage of economy, which includes the cases of both a stable economy and crisis conditions (Chapra, 1992; El-Ansary, 1999). Islamic finance differs from conventional finance with respect to the aspects of interest (Riba), uncertainty and risk (Gharar) and gambling (Maysir). Islamic microfinance aims to support wealth creation, religious values, poverty alleviation and economic development (El-Gamal, 2006; Kohn & Jainzik, 2006). Islamic finance also tends to become more popular at times of crisis. A very large number of studies have been conducted
that support the Islamic financial market, which has performed well during times of crisis in the world in comparison to the conventional financial market (Robert, 2008).

b. Social Benefits
Islamic microfinance improves the local development of food, medical care and education. It creates its own existence, self-respect and dignity, in addition to appreciating the achievement of women (Schreiner, 1999 & 2000). Mosammat Taslima Begum is a great example of a female entrepreneur. She was the first woman to take a loan (20 US dollars) from Grameen Bank in 1992, buying a goat, and was subsequently elected to serve as a Grameen Bank board member. She also accepted the Nobel Prize on behalf of Grameen Bank’s investors and borrowers (2006). Islamic microfinance supports socially responsible investment (Segrado, 2005) and also added on the function of profit and loss sharing (Siddiqi, 1985).

c. Religious Values
Islamic microfinance works not only with regard to interest-free lending and borrowing but also for the overall development of society. Social initiatives are carried out by faith-based organisations (Eberhard, 2008; Mersland, 2007). The World Bank has produced several reports on religion and development issues (Marshall & Keough, 2004). Islamic microfinance ultimately influences the social empowerment of a country (Anderson, 1988; Hayes & Frank, 1998) and has an emphasis on interest-free processes and minimising risk and uncertainty through the full influence of Shariah rules and regulation (Dunia, 2013). Interest is prohibited in Islamic microfinance, thereby demonstrating that interest is an unnecessary burden on borrowers or exploits borrowers (Chapra, 2000).

d. Business Enterprises
Islamic microfinance promotes small and medium-size enterprises under permissible sectors; this is basically supported by the musharaka (profit and loss sharing) contract (Abdalla, 1999). Islamic microfinance institutions have provided loan facilities to entrepreneurs for poverty alleviation, rural development, sustainability and economic growth. These institutions also work under mudarabha (partnership) contracts (Ahmed, 2002; Akhtar, 1996). Outside of India, Islamic banks function prominently in the development of business enterprises (Badr-El-Din, 1997 & 2003). Islamic microfinance is also assisting with social empowerment and small enterprises in Bangladesh (Karim & Ahmed, 2001). The World Bank continuously supports small enterprises for the economic development of the country (World Bank, 1978).

e. Poverty Alleviation
Poverty alleviation is one of the greatest challenges for the world’s population. Prof. Muhammad Yunus, a social entrepreneur, says, “The fact that the poor are alive
is clear proof of their ability”. Islamic microfinance is certainly an effective instrument for poverty alleviation (Khanka, 2010) and it plays a particularly significant role in the alleviation of rural poverty. The United Nations (UN) – the organisation of all the countries of the world – declared 2005 ‘The UN Year of Micro Credit’ (Obaidullah, 2008). Microcredit is thus helping rural and marginalised people across the world to overcome poverty (Asaduzzaman, 1997; Imai et al., 2010). Islamic financial institutions are basically working for the elimination of poverty and the rural development of society (Chowdhury, 2007). Islam is conscious of its zakat fund, wherein zakat is a major concept for poverty alleviation at the level of the locality. As such, Islamic microfinance also uses zakat funds (Badr-El-Din, 2003; Hassan & Junayed, 2007). Many scholars have views on poverty alleviation wherein microfinance is seen as a fruitful way to support poor and marginalised people within the context of Islamic law (Bakhtiar, 2006; Lustiq & Omar, 1998; Patel, 2004).

f. Sustainable Development
Islamic microfinance works as a tool for sustainable community development. If a community is developing, it follows that the nation will also develop (Alam, 2010). Islamic banking thus plays an important role in the promotion of sustainable development (Bennett & Cuevas, 1996) through support for poor and marginalised peoples (Ledgerwood, 1999). Microcredit initiatives are often regarded as the best ways to maintain the sustainable environment in society (Rahman, 1999). The fatherly and scholarly figure of Islamic finance has provided a viewpoint on Islamic microfinance. He said that Islamic microfinance is the only way to ensure society and business undergo sustainable development (Wilson, 2007). Islamic microfinance also uses zakat (donation) funds, through which some loss-bearing organisations have right to be re-constructed for the existence and proved it again yourself (Schreiner, 2000).

g. Rural Development
Rural development is a common characteristic of microfinance, which is an effective tool for small farmers and rural development (Al-Harran, 1990). Agriculture credit is facilitated by Islamic financial institutions. It has been shown that this financial system can work for the rural development and poverty alleviation of the nation (Buckley, 1996; Parveen, 2001). Islamic microfinance institutions are proper resources for rural development and poverty reduction because zakat (donations) and waqf (charitable trust) work in parallel (Braverman & Guasch, 1986; Chowdhury, 2007). Agricultural growth and rural development thus provide clear evidence of the impact that is possible through Islamic microfinance (Malik, 2005). Overall, Asian performance of rural development is high, underpinned by the moral support of microfinance and Islamic microfinance (Meyer & Nagarajan, 2000). Indeed, governments have announced a number of schemes for the development of agriculture and rural areas through Islamic microfinance institutions and rural banks (Rahman, 2006; Seibel & Parhusip, 1998; Yaron et al., 1998). According to World Bank reports (World Bank, 2002 & 2004), the World Bank is ready to promote dynamic rural development for the nation.
4.3. Meta-analysis of the Factors Practised in Islamic Microfinance in India

The Human Welfare Foundation (HWF) is a public charitable trust for the socio-economic development of weaker sections of society. HWF works on the overall human development of India (Human Welfare Foundation, 2014) while Islamic microfinance societies serve as the tip of the iceberg in India. KHIDMAT is a mutually aided co-operative credit society in Hyderabad (Telangana) established in 1976. It is founded on the belief that “Alone We Can Do little, Together We Can Do So Much”, which is used to emphasise the social benefits gained by the nation (Khidmat Foundation, 2018). The Sahulat microfinance society was established in 2010 as a non-political nonprofit and works as a social service organisation. Sahulat works on facilitating and promoting interest-free microfinance institutions with the aim of reducing social disparities. It thus works on alleviating poverty in society (Sahulat Microfinance Society, 2013). BASIX (equity for equity) is an institution that works to promote the livelihoods of rural poor households. It has a client database of 3.5 million, made up of 90 per cent rural and 10 per cent suburban. It works across 17 states, 223 districts and 39,251 villages throughout India and is strongly linked to the promotion of rural development. BASIX also deals with interest-free financing in Nuh, the Mewat District of Haryana, and focuses on the religious value in investment (Basixindia, 2013). The Bait-un-Nasr urban co-operative society has been a pioneer institution for interest-free banking in India since its establishment in 1976. It operates more than 22 branches throughout Maharashtra State and also benefits from great client support and the economic and social empowerment of the society (BAIT-UN-NAS’R, 2015). The Al-Khair co-operative credit society was established in Patna and has also experimented with interest-free microfinance, making contributions to business enterprises (AL-KHAIR, 2013). The Janseva co-operative credit society was established with the aim of empowering marginalised sections of society and has also opted to conduct its transaction on an interest-free basis. A majority of the co-operative credit societies are registered under the Multi State Co-operative Society Act 2002 and added interest-free products to their ranges with permission to operate in four states, Bihar, Jharkhand, U.P. and Delhi (Janseva Co-operative Credit Society, 2015). These societies employ practices that reflect the meta-analysis factors in Islamic microfinance in India.

4.4. Evidence Based Case Study on Bait-un-Nasr, Mumbai, India

Islah or Al-Islah (إصلاح, الإصلاح al- Islâh) is an Arabic word that is usually translated as ‘reform’, in the sense of ‘to improve, to better, or to put something into a better position’ (Wikipedia, 2019). Islam is also focused on الرفاه الاجتماعي (الاقتصادي) (Social and Economic welfare. The organisation Bait-un-Nasr began life in 1976 under the Maharashtra Co-op. Societies Act, 1960. It was registered with the Registrar of Co-operative Societies to function on lines similar to banks but without any interest. It commenced operations as a socio-educational organisation with an initial capital of only 12,000 Indian rupees. Its aim over the 25 years from 1976 to 2000 was to provide interest-free funds to needy people, including the poor, lower-middle and middle-class segments of society. It operated a network of 19 branches throughout the local regions of Mumbai city. It has a share capital of Rs. 1.29 crores and deposits of Rs. 15.15 crores. The society is very well run,
providing excellent service to its members and depositors (bait-un-nasr, 2019). In providing interest-free banking funds to its customers, Bait-un-Nas’r is evaluated on the basis of economic and sustainability aspects. This study also aims to raise society’s awareness of interest-free banking (Shaik & Waheed, 2019).

a. Suspending Operations of the Organisation
In 2001, operations were suspended at Bait-un-Nas’r due to the unfortunate circulation of unfounded rumours of bankruptcy. Members and depositors fell victim to false news reports about the society published by a local newspaper. There was consequently a run on the bank as people demanded their money back. Due to the uncontrolled situation, the management decided to return the money held by the bank to its members. As a result, some of its branches were unable to recover their debt, which subsequently became bad debts of the organisation. Various branches were also vandalised and set on fire by depositors. Employees subsequently left the organisation as a result of these drastic situations until, eventually, the organisation was left facing a liquidity crisis, all of which stemmed from some erroneous reporting by the local Urdu newspaper in May 2000. During the same month Bait-un-Nas’r had satisfied all of its depositors with a bank balance of Rs. 2.5 Crores.

The society had expanded operations through its network of 19 branches located in almost all Muslim-dominated areas. These included South Mumbai, Mahim, Bandra (East and West), Dharavi, Kurla (East and West), Cheeta Camp, Govandi, Vikhroli, Andheri, Jogeshwari (East and West) and Malvani, all of which were eventually closed following the suspension of operations.

<table>
<thead>
<tr>
<th>PARTICULARS/YEARS</th>
<th>BRANCHES/OFFICES</th>
<th>MEMBERS (No’s)</th>
<th>SHARE CAPITAL (Rs. in Thousands)</th>
<th>TOTAL DEPOSITS (Rs. in Thousands)</th>
<th>LOAN TURNOVER (Rs. in Thousands)</th>
<th>TOTAL ASSETS (Rs. in Thousands)</th>
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<td>33</td>
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<td>2166</td>
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<td>70</td>
<td>487</td>
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<td>13</td>
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Extending beyond the period shown in Table 2, the services of Bait-un-nas’r were suspended for the period 2001–2012. From 2012 onward, the society planned to re-open and focus on repaying those clients whose money had been blocked since the end of 2001.

b. Revival of the Organisation

In 2012, some members wished to see the society re-start operations so that members could again reap the benefits that they had previously enjoyed. They approached the dysfunctional Board of Directors of the society to seek their cooperation in the mission of re-starting the society. In response to the members’ specific request to help in re-starting it, they prepared a detailed scheme for the revival of the society.

The Liquidator and Dy. Registrar agreed to a revival of the society and called a Special General Meeting of the members on 7 November 2012 to present the revival scheme (to pay off the liabilities of the depositors and creditors by selling some of the society’s excess real estate assets, barring any branch premises), which was approved by the members present. The members present also elected a new Board of Directors to implement the revival scheme under the chairmanship of Mr. Ibrahim Ansari (Bait-un-Nas’r, 2019). The Dy. Registrar, Co-operative Societies conducted due diligence and issued an Order for Revival of the Society on 21 December 2012, with Mr. Abdul Rashid Shaikh as Administration & Director - Operation and Mr. Farhan Shamsi for the Personnel Dept. (Bait-un-Nas’r, 2019).

The newly elected Board of Directors opened the Head Office of the Society, situated at Mahim. The process of repaying deposits was put into effect from 1 January 2014 in a highly systematic manner. The deposit repayment process has so far been met with an enormous response and over the course of roughly five

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<th>BRANCHES/OFFICES</th>
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years, all depositors who were able to substantiate their claims have had them settled promptly and in full. The society has thus far been able to smoothly pay back liabilities amounting to around Rs. 3.42 Crores to a substantial number of depositors.

Figure 2.
Repayment of Depositors’ Claims

Figure 2 illustrates the process undertaken by the management, from 1 April 2014, to re-launch its mobilisation and funding activities on an interest-free basis for its members, through a phased re-opening of its branch offices. The process of repaying the outstanding dues of existing depositors also continues, though by now it has been substantially addressed and the outflow of funds has fallen to a small fraction of the initial demand.

c. Old Deposit Repayment Programme
1. Payments to the depositors of all branches were made centrally from the Head Office in Mahim, Mumbai.
2. Member/depositors were requested to go to the Head Office with their passbook/proof of account/membership.
3. Depositors were also requested to bring proof of identity and address.
4. Following receipt of the KYC updating form and Account-opening form, depositors were issued with a token with a tentative date of payment on which he was to be paid the balance on his account.
5. On the date of payment, depositors were required to bring their passbook and the token issued to them, in exchange for which the payment was released.
d. Functions of the Organisation: Interest-free loans to needy people.
e. The Islamic Microfinance Model of Bait-un-Nas’r

The organisation model is outlined by way of the flow chart below. It starts with the depositor, followed by collection agents who collect funds from the depositors. Cashiers are then responsible for taking care of the funds and dividends are split into four parts on an equal basis, i.e. loans, overhead expenses, withdrawals and excess cash deposited in the bank account.

Figure 3.
Islamic Microfinance Model of Bait-un-Nas’r

Figure 4 illustrates the success story of the organisation and shows its funds moving in an upward direction, with the share capital increasing by Rs. 52.81 lakh. There is also an increase in on-the-spot deposits, i.e. Rs. 709.21 Lakh, which indicates that people’s trust in the organisation is building. There is also a positive picture with respect to the organisation’s saving account, i.e. Rs. 328.84 Lakh and Haj, while Umrah awareness is also increasing in the society, as demonstrated by an increase of Rs. 9.28 Lakh in Haj and Umrah deposits.
Figure 4.
Growth of Funds

Figure 5.
Growth of Account Holders
Figure 5 illustrates the trustworthiness of the organisation and shows an increase in the client spot deposit tail, i.e. to 12,822 account holders by March 2019. Therefore, there is a slow and gradual increase in the number of account holders at the organisation.

Figure 6 is self-explanatory in nature. It contains data on loan disbursement, which is a very important role of the organisation. Since the organisation has no NPA (Non-Performing Assets), there is a significant relationship between the clients and organisation based on the fact that loan re-payments are made on time. Gold loan disbursement stood at 1,625.08 as of 31 March 2019, while other loan disbursement reached 781.59, thus showing the positive impact of the organisation on the society.

4.5. Analysis
4.5.1. Meta-Analysis
The meta-analysis is based on the literature review. We found a total of three hundred and eight (308) articles related to Islamic microfinance for the period of observation from 1975 to 2015. Table 3 describes the distribution of the articles according to the meta-analysis. The year with the highest number of articles published was 2006, with the fewest articles published in 1978.
Table 3.
The Number of Publications by Year

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The meta-analysis resulted in 308 articles published between 1975 and 2015. Table 4 below contains the variables that were extracted from the meta-analysis.
The meta-analysis also reveals the factor-wise contribution of the research papers on Islamic microfinance. It is found that the majority of the research papers, 23.70 per cent, considered that Islamic microfinance led to economic development. A total of 20.13 per cent of the research papers considered that Islamic microfinance works as a guide to social benefits, 14.61 per cent of the research papers considered that Islamic microfinance direct to religious values, 13.31 per cent of the research papers considered Islamic microfinance to act as the pilot to business enterprises, 12.99 per cent considered that Islamic microfinance go ahead to poverty alleviation, 7.79 per cent considered that Islamic microfinance shows the way to sustainable development, and 7.47 per cent of the research papers considered that Islamic microfinance provides a means for rural development.

Table 5. Factor-wise Contribution of Research Articles

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<th>Variables</th>
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4.5.2. The Case Study
The case study institution works with the aim of inculcating saving habits among the poor, lower-middle and middle-class families of the community and helping them at the time of need through a system of interest-free credit. From 1976 up to
2000, Bait-un-Nasr made quite remarkable progress, growing from 654 members and a nil asset value to 1,73,000 members with an asset value of 4.33 crores. During the period 2001–2012, the society’s operations were closed down as a result of the publication of false news in the local newspaper, which created an atmosphere of fear and distrust among its depositors and later compelled the society’s functionary to return the clients’ deposits. In 2012, the society underwent a revival under the chairmanship of Mr. Ibrahim Ansari and restarted operations following an order for the revival of the society on 21 December 2012 by the Deputy Registrar of the co-operative society. The society drew up a systematic plan of action for the repayment of it outstanding deposits, which took effect on 1 January 2014. Up to 31 March 2018, the society had paid back liabilities amounting to Rs 3.42 crores. From 1 April 2014 the management commenced funding activity for members on an interest-free basis, through a phased opening of its branch offices. From our analysis of the data, we observe a roughly 53 per cent increase in the share capital value, along with a multifold jump in the spot deposit amount (from 8.31 lakhs in 2014 to 709.21 lakhs in 2019) and a remarkable growth in saving deposits (from 45.84 lakhs in 2014 to 328.84 lakhs in 2019). The society has grown its members from 69 in 2014 to 12,822 in 2019. The society is currently expanding day by day in terms of is growth, share capital and client tail.

V. CONCLUSION AND RECOMMENDATION

5.1. Conclusion

This study has focused on a meta-analysis of the literature on Islamic microfinance. A total of seven factors were extracted from the meta-analysis which demonstrate that Islamic microfinance functions as a social, ethical, economic and faith-based system. Islamic microfinance also contributes to the development of the marginally poor and supported them to grow in both society and business. The study also found that gender differentiation is not a barrier to obtaining financial support from Islamic microfinance institutions (Brau & Woller, 2004). Nowadays, intuitions are faced with the major challenge posed by financial crises. Islamic microfinance institutions thus have a role to play in terms of helping society as a whole in order to prevent a global financial crisis. Indeed, if all Islamic microfinance intuitions were to work together, they would definitely be able to alleviate both poverty and the impact of a financial crisis around the globe (Mukhlisin & Komalasari, 2018).

Bait-un-Nasr is a growing institution in the field of Islamic microfinance in India. This is because people make both spot deposits and also deposits for the purposes of saving and Haj and Umrah. Clients have both faith and trust in it and the society is active in various areas of the country. Given its remarkable position in the market in terms of finance and sustainability, the society has evidence of practices for all seven of the factors identified by the meta-analysis.

5.2. Recommendation

India is home to the third-largest Muslim population in the world and as a country presents huge opportunities for Islamic financial products. Islamic banking, the Islamic share market, Islamic bonds (Sukuk), Islamic insurance (Takaful) and
Leasing (Ijrah), as elements of Islamic microfinance, all operate under the umbrella of Shariah law. The biggest objective of Islamic banking is to eliminate interest, which is against the conventional/modern banking in India. Islamic banking and Islamic microfinance are coincide benefits, and Islamic financing techniques are well suited to microfinancing. Islamic microfinance is a secular concept and is not only for the Muslim community but also for other communities.

Regulatory and supervisory concerns play a major role in promoting Islamic microfinance in India. An amendment to the Banking Regulation Act 1949 made it possible to create a system of interest-free banking in India. India’s government should seek to open the Islamic finance window within conventional bank as this would also enable secular investors to benefit from interest-free banking and financial activities.

The Insurance Regulatory and Development Authority of India (IRDAI) should permit Islamic takaful (Islamic insurance) in India, by which Indian investors are able to obtain ethical and viable services in the insurance sector.

There should be an amendment to the securities exchange board of India (SEBI), 1992 to permit the development of an Islamic bond market (Sukuk Market) in India. If the India government would allow it, the Islamic bond market would present huge opportunities for investors in India.

Islamic microfinance has led to several factors in India that will be fruitful for the government, industrialists and investors. India is capable of achieving further growth through the growth of Islamic microfinance. Islamic microfinance is the demand of present scenario in India. A regulatory authority is therefore recommended for the purpose of implementing Islamic microfinance in India.

Bait-un-Nasr practises all of the factors that were extracted by the meta-analysis. It has a savings account for the purpose of managing the economic development of the nation. It provides loans to lower-class people to enable them to develop their businesses, which in turn is helping to alleviate poverty in society. Bait-un-Nasr provides the opportunity to save money for Haj and Umrah under the heading religious values. It also enters into partnerships with farmers in their crops and provides interest-free loans. These are the regular functions of Bait-un-Nasr.

Islamic microfinance continues to grow throughout the world on a daily basis. If the Indian government granted conventional banks the opportunity to open the Islamic finance window, then the Indian economy would grow in parallel. Islamic finance serves a platform from which the international market can grow. The global financial market can also invest in the Indian capital market. FDI and FIIs will also deliver greater benefits for Islamic finance due to its nature as a tool for the sustainable development of the country, as shown by the contribution of Islamic finance to the 2030 agenda for sustainable development. Islamic finance offers the ability to promote a wide range of areas, including a national SDG (sustainable development goals) strategy and infrastructure-related policies related to energy, transport, water and communications. Islamic finance can also enable the development of a framework for aligning environment, social and governance (ESG) and sustainability issues with financial sector practices. A legal and regulatory framework can create the right incentives and instil confidence in investors to support long-term projects. A public-private partnership (PPP) framework would also be beneficial, whereby the private sector develops and
operates the project for a limited time under a concession agreement. Alongside this, the Islamic capital market should be strengthened to focus on Sukuk, which can then become part of the long-term market. Growth in Islamic non-banking financial institutions is contingent on a robust Islamic capital market that develops Sharia-compliant investment. It also creates synergies that allow Islamic non-banking institutions and capital markets to grow together.

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